YOUR STUDENT HANDBOOK



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WELCOME

Hello. Welcome to Tower.

You're about to find out everything you need to know about your fabulous new home here in Bristol. Feeling a little nervous? Don't worry – we'll keep you safe.

We want your stay with Collegiate to be a memorable one, so we've built in loads of great features that we know you'll love. We've also made sure that Tower is in a great location, so that you can get the very best out of Bristol and your life at university.

Got any questions? Have a flick through this handbook to find out the answers. If there's anything you're still unsure about, our on-site staff will be happy to help.

The handbook also contains a couple of house rules. Don't worry – there's nothing too tedious. Just a few simple guidelines to ensure that you and your fellow residents at Tower can feel free, safe and ready to enjoy your university years.

So, grab a cup of tea, settle down in your cosy new home and let us guide you through life at Tower.

Read. Relax. Enjoy.

HELLO

Office contact details

You can get in touch with a member of the team in person, or by phone and email.

Telephone: +44 (0) 1173 250 420

Reception and Security Mobile Phone: 07710 392 834

Email: towerreception@collegiate-ac.com

Out-of-hours emergency contact

In the event of an emergency out of office hours contact 07710 392 834

Join us on Facebook

Join the Tower Community on Facebook - Search 'Collegiate Tower Community 22/23'

The main office address is:

Tower
Rupert Street
Bristol, BS1 2QJ

The email address you gave us when you booked will be how we contact you —so please ensure you check your messages regularly. If you'd like us to use a different email address, please let a member of our friendly accommodation team know and they'll give you a change of details form.

There are plenty of notice boards dotted around the site to keep you up to date with what's going on in and around Tower, so please check them as you pass to keep up to date with all the exciting events. We have three information boards in the building.

In our reception lobby we have our main building noticeboard detailing our weekly testing and cleaning, our internet connectivity and our meet the team.

By the lift lobby we have our resident noticeboards detailing the building floor plans, evacation routes, useful mental health contacts and our site Instagram QR.

On the first floor by the games room we have the events board detailing all virtual;, face to face and charitable events upcoming at Tower, alongside some pictures of past events. As well as this we have our wellness wall - sign posting relevant Charities, support services and local medical assistance.

Cycle store

Cycling is a great way to exercise and also a cheap and enjoyable way to explore Bristol. You can bring your bicycle to Tower and we will keep it safe in our secure cycle store.

The Police recommend that you always leave your bike locked with two solid locks: one to secure the bike to a stand by the front or back wheel and the other to go through the remaining wheel and the frame. That way there's no chance of returning to find that all you have left is a wheel!

Please note: we can't take responsibility for any loss or damage to bicycles left in the storage area. If there is a problem, please notify the police and the accommodation team.

Parking

There is no parking facility on site. Public car parking is available next to Tower at the NCP car park on Rupert Street BS1 2PY.

Mail

Your mail will be delivered to your post box, situated on the ground floor next to the gym. If you're not at home, any larger items will be held in our secure parcel store for collection during our three daily parcel hours - 8am - 9am, 2.30pm - 3.30pm and 8pm - 9pm.

Please note that the accommodation team takes no responsibility for any loss or damage to parcels that have been signed for at reception.

Bus routes

There is a bus stop opposite the front entrance of Tower on Rupert Street and a 5 minute walk away from the main bus station, with routes going to the following universities:

University of Bristol: Bus route 8/9 from Rupert Street

University of the West of England (UWE) Campus - X14 & X62, UWE & 70 Bower Ashton - 11, 71, X1, X3, X4 Glenside - 5 and 48A

The bus companies operating in Bristol are First Bristol and Wessex Bus. You can find details and information on routes, ticket prices, local maps and bus stops online at **www.travelwest.info/bus**.



WE CAN FIX IT

Can't find your keys? Got a leaky tap? Whatever you need, we're here to help.

Lost your keys or locked yourself out?

These things happen, so don't worry we can help. If you lose your key wristband we can replace it for a fee. You just need to request a replacement from the team during office hours.

Got a maintenance issue?

If there is anything in your apartment that needs attention, come and speak to member of the team. Every request is seen to on a priority schedule, and we always ask for permission if we need to enter your apartment whilst you are not home. Maintenance requests will always be acknowledged and resolved within a set time frame.

Need an emergency repair?

If you have a maintenance issue (whether it's an emergency such as a burst pipe or a broken window, or a non-emergency such as a defective fridge/freezer, blocked drain and so on) you can always report it to the accommodation management team at reception; they'll immediately contact the appropriate person to rectify the problem. We're here for you 24hrs/day.

YOUR RENT

If you are settling the rent in full, the sum on your contract is due on the 24th August 2022.

For those of you paying in instalments, your rent due dates are;

4 instalments:

- 1st Instalment due on or before 24th August 2022
- 2nd Instalment due on or before 29th September 2022
- 3rd Instalment due on or before 4th January 2023
- 4th instalment due on or before **3rd May 2023**

3 instalments:

- 1st Instalment due on or before 24th August 2022
- 2nd Instalment due on or before 4th January 2023
- 3rd instalment due on or before **3rd May 2023**

This information is available on your copy of the contract.

If you need to pay your rent via a bank transfer, request the most up to date Tower account details from our reception team at **towerreception@collegiate-ac.com**.

Council Tax

It is your responsibility to notify the local council that you are a student in Bristol.

Please visit <u>www2.bristol.gov.uk/forms/student-council-tax</u> and submit your proof of student status. As a student you are exempt from paying council tax.

You will be liable for some council tax if your course starts after you move in or if you graduate whilst living here. We encourage you to speak to Tower staff if you have any questions about council tax or require assistance submitting your council tax exemption application.

ARRIVING IN A NEW COUNTRY

Opening a bank account

You need to be in the UK in order to open a UK bank account, so make sure it's one of the first things you do once you get to Bristol. It is the safest way to manage your money.

Opening a bank account can take a week or more, so make sure you've got enough cash for your first few weeks here.

To open a bank account you'll need to check individual bank requirements. Most will want to see your passport and introductory documentation from your university detailing your personal details and course of study.

Once your account's open, speak to your university or go to **www.moneyadviceservice.org.uk** for advice on budgeting and managing your money.

Student Travel Cards

Want to see more of the UK during your university days? A 16-25 Railcard and/or a Coach Card can save you a considerable amount if you explore by train or coach.

The 16-25 Railcard costs £30 for one year or £70 for three years, and gives you a third off your rail travel in the UK. To get this you will need proof you are a student, your passport and a passport-size photo. The card can be purchased at any train station ticket office. For further information see:

www.16-25railcard.co.uk

The Young Persons Coach Card can be bought at National Express coach offices or online. This card costs £12.50 for a year or £30 for three years and gives you 30% off all coach travel in the UK. To get one you simply need proof that you are a student. For further information see: www.nationalexpress.com/en/offers/coachcards/young-person

Mobile phones

Mobile phones are cheap to buy, but expensive to use, so be careful not to accidentally run up a big bill by spending hours on the phone to another country.

If you choose a contract, the phone will be cheap or free, but make sure you check the monthly payment and call charges before signing and remember that there's often a compulsory monthly charge. You will need an enrolment letter from your university to take out a phone contract.

Pay-as-you-go is the no-contract, no credit check, no-commitment, no-monthly bills way to get a mobile phone. However, you always pay a lot more to buy the initial phone and calls are generally more expensive than on contract mobile phones. On the plus side, you don't need to provide a proof of enrolment letter from your university.

For information on mobile phone companies and to see prices see: www.mobiles.co.uk



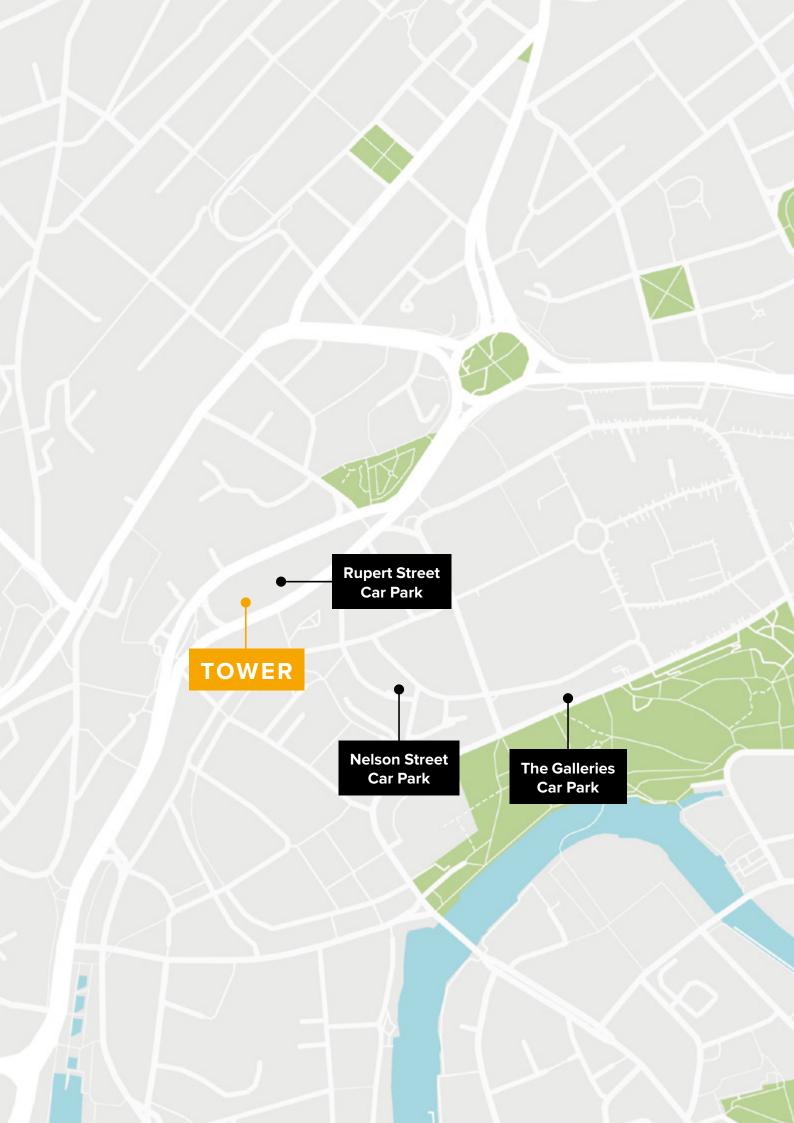
YOUR NEW COMMUNITY

Bristol is an ideal place to be a student – from its friendly people and fantastic music scene to its vibrant harbour-side, green spaces and buzzing centre. Best of all, Bristol is the perfect size, offering all the excitement of a big city packed into an area you can easily explore on foot or by bike from your base at Tower.

To see an interactive map showing the locations of universities, banks, public transport, supermarkets and other local amenities, please visit: www.collegiate-ac.com/uk-student-accommodation/Bristol

There are plenty of local retail outlets close to Tower, as well as restaurants, cafés and takeaway food outlets.

Bristol is a fast-paced, dynamic and modern metropolis. It is home to a year round programme of events, festivals, music and clubbing venues, restaurants and shops. From the harbour-side to the city centre parkland, this lovely city has something for everyone.



LIVING TOGETHER

Communal student living is all part of the university experience. At Collegiate we think we've arranged things to ensure that you have a great environment, friendly people and a real sense of community. At the same time, you also have your own space. We want you to enjoy your time at uni to the full and to look back at it fondly when the time comes to move on.

Want to make the most of your time here? Our accommodation team will arrange events throughout the academic year to help you get to know your flatmates, relax and have a good time.

Keep an eye on our Facebook page and the notice boards at Tower for up-coming events:

Collegiate Tower Community 22/23

Your on-site facilities at a glance

- Experienced and friendly on site management and 24 hour concierge team to help with any queries
 about the city, transport and entertainment. They also arrange social gatherings and facilitate you
 meeting other students on site.
- High tech laundry room receive an email when your wash has finished.
- On-site private gym for residents' use only.
- On-site cinema.
- Open study rooms.
- Gaming room and lounge for relaxation.
- High-speed broadband and Wi-Fi throughout the building stay connected all the time.
- Secure electronic access and CCTV let us keep you safe and sound.
- All inclusive rates, including heating, lighting and water makes budgeting simple.
- Room cleaning, laundry service and other technology upgrades available on request just ask a member of our team.

The gym

A simple swipe of your electronic door fob gains you access to one of the best features here at Tower: a private gym.

Packed with exceptional exercise equipment, the gym allows you to flex those muscles and burn off calories with minimum fuss, with all the convenience of it being literally on your doorstep.

Fancy a run? Work off those pounds on the treadmill. Or if yoga is more your thing then just speak to a member of the management team, who can help you set up a class.

When working out in the gym, please consider other users and respect their personal space. Stick to one station at a time, use earphones if you have music on and wipe down each station when you're done.

The gym is covered by CCTV at all times but please remember that when working out, your safety is your responsibility.

The gym is open 24/7, although management reserves the right to close the facility at any time, should the need arise.

The cinema room

We think you'll love our cinema room. We've included the latest state-of-the-art, high quality audio visual equipment, including a large screen, Blu-ray DVD player and accessories, so you can hook your laptop up. Recline in style for one of our movie nights or settle down in comfort to watch a sporting event. The choice is yours. Just sit back and relax in the best seats in the house.

Please be considerate when using the cinema room and ensure the equipment is not misused or damaged in any way. Simply leave it as you would wish to find it. The Cinema Room can be booked for 3 hour slots, the last available slot of the day is 9pm.

Open study spaces

Your room comes complete with a desk area for hitting the books in privacy, but if you fancy a change of scene then why not meet with your course mates in the study room to discuss ideas, compare notes and work through any challenging assignments. The actual Study room at Tower is next to some of our bedrooms and is therefore only open from 8am - 11pm due to the disturbance to the ground floor Residents, but the open study area next to our Cinema is open 24/7 for all to use.

Please remember that others might like to work quietly while you are using the study room, so be aware and respectful of others while you are using the facilities. Please also do your bit for the planet and ensure everything is switched off when you finish and leave the room clean and tidy.

Games room

We know that life isn't all about studying, so why not enjoy your down time in our fantastic gaming room? Relax over a game of pool or get competitive with an air hockey tournament – it's your space to enjoy as you wish, even if all you want to do is curl up with a cup of tea for a catch up on the comfy sofas. The Games Room is open from 9am - 10pm.

Lounge

Tower was specifically designed to meet the needs of today's students. The lounge is the heart and soul of the building, where you can hang out with friends or simply relax. The Lounge area in Reception is open 24/7.

Laundry

The Laundry is open 24/7. All of the machines are fully maintained and very simple to use. However, please note that the washing machines do not have a powder-dispensing drawer, so you'll need to purchase all-in-one washing and fabric conditioner tablets, which can be placed directly in the drum with your clothes. A pre-paid laundry card is distributed with welcome packs when you check into Tower. Cards can be topped up in increments of £5, to a total value of £50.

Follow these simple steps to get started:

- 1: Make sure you have your laundry card to hand
- 2: Visit **www.washstation.co.uk** and follow the top-up instructions
- 3: Take your laundry card and top-up code to the top-up machine
- 4: Activate your credit using the top-up machine
- 5: You are now ready to do your laundry!

Roof terrace

Just above the Games Room we have the roof terrace with enough seating and space for you to socialise, study or relax. The Terrace is open 8am - 11pm and is a Non-Smoking Area.



Internet

Broadband and Wi-Fi is available throughout the building, 24 hours a day, so you can stay connected at all times. Wired connections are available via an Ethernet cable (available from your accommodation team) connected to the wall socket in your room – simply open your web browser and follow the instructions.

For wireless connections, search for the **Glide WIFI network**.

You can enjoy impressive speeds of up to 50Mb/s over wired connections and up to 10Mb/s over Wi-Fi connections.

And if that's still not enough connectivity for you, upgrade options are available, up to 100Mb/s. Speak to a member of the helpful accommodation team for more info.

Your local amenities at a glance

The local area includes all of the following, which should cover most of your daily needs:

- Tower is situated a 5 minute walk from the nearest Tesco Metro and Sainsbury's local in Broadmead shopping area.
- There is an ATM machine situated outside Sainsbury's close to the local Barclays, HSBC, Halifax and Lloyds banks.
- The nearest Dominos pizza is located on Baldwin Street (BS1 1NA) which is open 10am till 5am!
- Looking for something different? Why not check out St. Nicholas Market (BS1 1JQ) which has a range
 of independent food stalls!

YOUR APARTMENT

TV

A flat-screen, 32 inch TV with 40 channels is provided in every Studio and Twodio apartment bedroom. For three, four and five bedroom apartments, the TV will be situated in the lounge area. If you've brought your own TV, just connect it to the TV aerial point in your bedroom, but please note that you are responsible for purchasing your own TV licence. This can be paid for weekly, monthly or yearly, by going online to:

www.tvlicensing.co.uk

Intercom

The phone handset in your flat is linked to the main entrance intercom. Friends and visitors can call your flat by punching in your room number, then you can pop down to the front door to let them in.

Don't let anyone in that you don't know or don't recognise. If they're tenants at Tower then they'll have their own fob to let themselves in and if they've forgotten their fob they can call the accommodation team. We advise this for everybody's safety and security.

Heating

All apartments are supplied with gas central heating to keep you toasty warm. The heating is activated when the temperature drops considerably. To help us save the planet, the radiator in your apartment will turn on under these conditions.

Convection oven/microwave

Studios and two bedroomed apartments have a convection oven/microwave. An instruction manual is provided, but if using the microwave function, please remember to take out the metal grill-stand as this will damage the appliance.

Three, four and five bedroom apartments have a standard fan-oven with separate combi microwave.

Induction hob

To use the induction hob, first turn on the main isolator situated on the wall next to the cooker. Some hobs have an integrated timer which will switch off after 20 minutes, to turn the hob back on, simply reactivate the main touch button on the hob.

The induction hob will only work with induction pots and pans.

The cooking extractor fan

The extractor hood should always be used when cooking to help prevent smoke and steam from activating the fire alarm. The hood has a light and three speed settings, which can be selected by pressing the buttons on the front.

What to do if your electricity goes off or a fuse goes in your room

If your electricity goes off, a fuse may have tripped in your apartment, please contact a member of reception who will be able to check this for you.

If a bulb has blown, the electricity will come back on but the light will remain out. Please inform reception, who will arrange to have the bulb changed.

If the electricity does not turn back on, it could be due to a faulty electrical item such as a hairdryer or toaster, so try unplugging any electrical items you were using when the electricity went off. If you cannot identify a faulty appliance, or the trip switch will not re-set, please report this fault to the reception as soon as possible.

How to use the shower

Hot water is available 24 hours a day, 7 days a week.

The shower is controlled by two dials, one on either end of the control bar. The far right dial turns the shower on/off and controls the water pressure. The left hand dial adjusts the water temperature. A safety button on the control bar stops the hot water from being accidentally turned up too high. If you want hotter water, simply press and hold down this button whilst turning the temperature control.

The bathroom extractor fan

The extractor fan in your en-suite shower room will be activated once you switch the light on in your bathroom.

How to open and close your blinds

Roller blinds can be operated with the pull cord.



Ventilation

Every apartment in Tower is fitted with a ventilation system. We ask you do not attempt to alter the settings on the system as it can affect the efficiency of the ventilation. To operate the unit, you simply need to hold down the main button for several seconds.

Storage

Storage space for bags and suitcases can be found under the bed so you can keep your room lovely and neat. Simply lift the mattress to access the storage space.

Room cleaning

Any resident in Tower can borrow a hoover from reception during office opening times. If additional cleaning material is required, please speak to reception about our tailor-made cleaning service. The local pound shop is also a 5 minute walk away if you require brooms, mops or other cleaning products, to keep your room clean and tidy yourself.

Refuse bins

The bin store is located in the basement of the building. The large green bins are for general waste & the light green bins are for recycling materials. We ask you donate your unwanted items (clothes/books/pots & pans) to charity, there are several charity shops within 5 minutes walking distance and we have a collection point at reception.

What to do if you still need help

If you have any queries regarding your room or wish to report a maintenance issue, please visit reception. We are here for you 24/7. If you have a serious emergency (when the safety of you or your fellow residents is at risk or a serious maintenance issue such as a water leak, no electricity, or a broken window, has occurred) then please let us know straight away.

You can contact reception on 01173 250 420 or our out-of-office emergency line on 07710 392 834.

Top tips for getting on with your new flatmates

We want to ensure that everyone enjoys their time at Tower, so we ask everyone to stick to a few simple guidelines.

Respect each other's space

The kitchen is your most important communal area and everyone in your flat should feel comfortable using it. Wash up and wipe up after yourself to keep the cooking area, sink and dining area clean and clear for your flatmates – leave it as you would like to find it. Remember that the kitchen is for you and your flatmates only, so guests should be occasional.

Smoking is strictly not allowed anywhere in the building.

Be considerate about noise

Not everyone shares your taste in music, and even if your whole flat loves your latest download, the person downstairs trying to study might not appreciate a thumping ceiling. Try to keep noise to a minimum – if you can hear your music outside of your room, then the chances are that everyone else can too.

Try to be quiet coming in and out of your flat as well, especially at night when others might be sleeping. Remember that all doors in building are fire doors —so if you don't close them quietly, they will close themselves with a loud thud!

Handling anti-social behaviour

Speak to any member of the Tower Team for assistance in handling anti social behaviour. Avoid putting yourself in a situation you cannot confidently navigate. We are here to help with all aspects of your stay with us.

Accommodation office: 01173 250 420 / Out-of-hours emergency contact: 07710 392 834

If it's anti-social behaviour that you believe warrants police action then please call the police when the incident occurs. Non-emergency police number: 101/ Emergency police number: 999

Your guests

Overnight guests are allowed in your room for a maximum of three consecutive nights, but remember if you are in a shared apartment, it is polite to ask your flatmates before inviting people to stay. Unless you're staying in a shared room, it's only designed for one person, so having an overnight guest should be occasional.

Similarly, your kitchen is designed for the number of people living in your flat, so although it's OK to invite friends over for lunch or dinner now and again, you should be careful not to inconvenience your flatmates.

The behaviour of any person you invite into your building, apartment or room is ultimately your responsibility. You'll be held accountable if there are any complaints from your flatmates, or any damages caused by your guest(s), so make sure they behave as well as you do.

All guests should be signed in to the visitor book at Reception, and signed out on leaving, this is for Fire Safety protocols.



STAYING SAFE AND SECURE

We're here for you

We want you to enjoy living at Tower to the full. We don't just provide first-class accommodation but also a first-class service. Our experienced on site accommodation team is here to offer all the support you need – and a member of the team is available 24-hours a day.

It's good to share

If university life isn't everything you hoped and you are feeling unhappy, don't let it get on top of you – talk to a member of our team. We are always happy to help and work in partnership with your university's pastoral care team to ensure you know how to get help and advice when you need it, so that you can get the most out of your time at uni.

Student Assistance Programme

We have partnered with Health Assured to provide you with a 24 hour helpline to support you through any of life's issues or problems. They are there to help with personal and professional problems that could be affecting your home life or student life, health, and general wellbeing. They are also able to extend their support to your partner and dependants. The helpline is available 24/7, 365 days a year.

Free 24 Hour Confidential Helpline: 0800 028 3766

Good health

If you're feeling unwell you can get an appointment with a doctor or nurse at the university's health centre. For out-of-hours health advice, you can call the NHS on 111 – but always get advice in person from a medical professional if anything persists or if you're worried.

Wellness

At Collegiate, we take a holistic approach to your wellness and our accommodation teams are here to fully support you and help you to settle into your new home. All our Accommodation Managers and Assistant Managers are fully Mental Health First Aid trained by MHFAE and we have strong links with all Universities in all our cities, so there will always be somebody on hand to support you.

Contents Insurance

By partnering with Endsleigh, the No.1 student insurance provider, we have arranged contents insurance for all of our students staying with us in our residence.

It is important that all students confirm their cover to ensure you understand what is and isn't covered. You can do this by downloading the MyEndsleigh app and registering.

Visit MyEndsleigh <u>www.endsleigh.co.uk/student/confirm-your-student-cover/</u> to view what is and isn't covered, get claims support, personalise your cover, access rewards and access wellbeing support.



National Code Assured Accommodation

All Collegiate student accommodation in the UK is covered by the ANUK / National Code for accommodation owned or managed by non educational establishments.

Benefits for students

The most obvious reason for choosing to live in a development covered by one of the ANUK/Unipol National Codes is that they provide reassurance: Reassurance that the accommodation is safe and well managed; and reassurance that, should any problems arise, there exists a mechanism to help get them resolved.

Compliance with benchmark standards

Members of the Codes voluntarily agree to comply with benchmark standards that relate to both the physical condition of a building as well as its day to day management. This means that, amongst other things, students living within a building covered by the Codes can expect:

- Buildings that meet or exceed the local authorities fire safety requirements.
- Sufficient bathroom and kitchen facilities.
- All repairs to be completed within agreed timescales.
- Advanced notification if managers need to access rooms and/or flats to undertake routine inspections or planned maintenance.
- Managers of buildings to act in a professional and courteous manner at all times.

HEALTH CARE IN THE UK

Non-emergency healthcare matters are dealt with by doctors known as General Practitioners (GPs), in local surgeries. You need to register with a doctor before you are treated, so do this within the first week of your arrival in Bristol. You can register with a GP by going to the doctor's surgery and filling out a form. Names and addresses of doctors can be obtained from: www.nhs.uk

You do not pay to register with or to consult with an NHS doctor.

Health and wellbeing - local contacts

GP surgeries in Bristol

Broadmead Medical Centre

59 Broadmead Bristol BS1 3EA 1.6km from Tower

Whiteladies Health Centre

Whatley Road Bristol BS8 2PU 2.4km from Tower

Pembroke Road Surgery

111A Pembroke Road Bristol BS8 3EU 2.8km from Tower

Malago Surgery

40 St John's Road Bristol City of Bristol

3.5km from Tower

BS3 4JE

Hospitals

Bristol Royal Infirmary

Upper Maudlin Street Bristol BS2 8HW 1.0km from Tower

St Michael's Hospital

Southwell Street
Bristol
BS2 8EG
1.1km from Tower

Southmead Hospital

Southmead Road Westbury-on-Trym Bristol BS10 5NB 6.4km from Tower

South Bristol NHS Community Hospital

Hengrove Promenade Bristol BS14 ODE 6.9km from Tower

Dentists

Although dental treatment is available on the NHS, it is not always free. You can choose which NHS dentist you want to be registered with (it does not need to be the dental practice closest to your residence), but you need to be registered with a dentist before you receive treatment from them. To find a list of NHS registered dentists see: www.nhs.uk

Local dentists in Bristol

Bristol Dental Hospital

Lower Maudlin Street, Bristol BS1 2LY Tel: 0117 342 4383 0.4km from Tower

Queen Square Dental Clinic

17 Queen Square, Bristol BS1 4NH Tel: 0117 927 2797 1.3km from Tower

Clifton Dental Studio

92 Queens Rd, Bristol, Avon BS8 1RT Tel: 0117 973 1910 1.8km from Tower

Bristol Dental Practice

1 Queen Square, Bristol, Avon BS1 4JQ Tel: 0117 910 5929 1.2km from Tower

NHS Dentist Bristol

249 Stapleton Rd, Bristol BS5 OPG Tel: 0117 935 4554 2.7km from Tower

Stoke Bishop Dental Care

15 Druid Hill, Bristol, City of Bristol BS9 1EW Tel: 0117 968 4888 5.0km from Tower

Henleaze Dental Practice

130 Henleaze Road, Henleaze, Bristol BS9 4LB Tel: 0117 962 0534 6.7km from Tower

Other useful contacts

Samaritans | 0845 790 90 90 | www.samaritans.org

Student Loans Company | 0300 555 0505 | www.slc.co.uk

Sexual Health | 0131 536 1070 | www.nhs.uk/Livewell/Sexualhealthtopics

Victim Support | 0845 30 30 900 | www.victimsupport.org.uk

Alcoholics Anonymous | 0845 769 75 55 | www.alcoholics-anonymous.org.uk

British Pregnancy Advisory | 03457 30 40 30 | www.bpas.org

Debtline | 0808 808 40 00 | www.nationaldebtline.org

Drugs Advice & Helpline | 0800 77 66 00 | www.talktofrank.com

Keeping yourself and your flatmates safe

Follow these simple tips to ensure that you, your flatmates and your belongings are kept safe and sound.

Ensure your latch is not engaged and your door is closed. Make sure you shut doors behind you where possible. Your Apartment needs to kept locked at all times – even when you're in. When you're out, keep your bedroom door locked to protect your possessions.

Never tamper with, cover, or move any fire safety equipment. Doing so puts yourself and others at risk. Anyone caught doing this will face eviction, so don't stand by and let others do things that put you at risk if you see someone else interfering with fire safety equipment.

The fire drill & evacuation procedure will be explained to you on check in day. It is vital you understand the information and ask any questions if you are not clear on the content provided.

General Safety

Keep the main entrance doors locked at all times and do not prop them open.

Be aware of any strangers on the premises. It will take a while for you to recognise all tenants in the building, but if someone is acting suspiciously, let the accommodation team know. Please contact reception on 01173 250 420.

Always carry your key card with you and never pass it to anyone else.

If you're worried about your safety or any security on site, please speak with a member of the accommodation team during office hours, or call reception on 01173 250 420 or the police.

Fire safety

It's vital that you know how to prevent fire and what to do if one happens. Please refer to the fire evacuation procedure notice located on notice boards in Tower.

1. Know your escape route – it is shown on the fire evacuation procedure notice.

When you arrive in your new room make sure you know where the nearest fire exit is. Read the fire notices dotted around the building so that you know your escape route from other areas as well.

Make sure you know where the evacuation assembly point is – details of this are located in reception.

2. Keep access and fire exits clear

If you notice any obstruction to fire exits, please let a member of the team know.

Bicycles must not be kept in your room or in the way of an escape route.

3. Know what to do if a fire alarm sounds

Refer to your evacuation procedure.

Do not use the lifts.

Make your way to the evacuation assembly point – St Johns Park - this is located just to the left of the Tower entrance.

If you have left the building, do not attempt to re-enter until a member of the team or fire brigade has given you permission to do so.

Fire alarm

The fire alarm system is tested on a weekly basis on Thursdays at 12 noon. Test alarms last no longer than ten seconds. If the alarm lasts beyond this time, please carry out your evacuation plan.

General fire prevention

If the fire alarm activates then you MUST evacuate the building regardless of time of day. You MUST go immediately to the fire evacuation assembly point.

Do not misuse any fire fighting/prevention equipment, this equipment is there for your safety and the safety of others in the building. It is essential that it is always in full working order. The equipment in your apartment will be checked once a week by the accommodation team.

Please do not tamper with any smoke detectors. In the event of tamper, you will have to pay for an engineer to ensure that it is still in full working order. It can cost £250 or more for a call out.

Do not bring furniture into your room or kitchen that has not been pre-approved by the accommodation team. This is to ensure that it complies with Health and Safety standards.

Do not prop open fire doors.

There is no smoking or vaping in any part of the building. Please do not smoke next to the front entrance where people regularly walk past or next to someone's window. Always put your cigarette ends in the bins provided.

Do not let combustible waste build up in your bedroom or kitchen.

The following items are not permitted due to being a fire hazard:

- · Chip pans
- · Deep fat fryers
- Halogen lights
- · Candles and oil burners
- Fireworks
- Barbecues
- Incense burners
- Other naked flames



GOOD HOUSEKEEPING

Clean living

Your kitchen

None of us like domestic chores, but it's important that your kitchen is kept clean. We'll be making regular checks (don't worry, we'll let you know beforehand when they will be) and we'll let you know if your kitchen fails any inspection.

If you share a kitchen, it's everybody's responsibility to keep it clean — and everybody's responsibility if you're issued a charge for lack of cleanliness. You can divide up the cleaning tasks or take turns on different days — whatever you find works best for you and those you share it with.

Your room

It's up to you to keep your room and bathroom clean. Our regular checks are to ensure that they meet our health and safety standards. If they fall below standard, you'll have 24 hours to clean them up or risk a charge.

Please remember:

- Please don't use abrasive cleaning products.
- Please don't put up posters, pictures or strip lighting other than on your notice board.

Your bathroom

It is important that you regularly clean and disinfect your shower head. This helps to control and manage the risk of exposure to legionella. You can find bathroom friendly detergents and disinfectants from any shopping stores including Tesco, Morrisons, Asda, Sainsbury's, Lidl and Aldi. Also please don't forget that you should not use hair or clothes dye in the bathroom as it will stain the shower pods!

Green living

We can all do more to make the planet a greener place, starting with how we behave in the home. Please help us make Tower a greener place by ensuring we're more energy efficient around the development.

- Lights always switch off if you're not using a room.
- Recycle recycle as many waste items as you can, such as glass, plastics and cardboard, by using the
 recycling bins on site.
- Heating Turn the radiator off when leaving your apartment.
- Be a re-user Freecycle groups match people who have things they want to get rid of with people
 who can use them. Find your nearest freecycle group at: www.uk.freecycle.org
- Book swap you can re-use other people's textbooks and let them use yours for free on sites like:
 <u>www.paperbackswap.com</u>. All you have to pay for is shipping. You can also buy second hand books from Amazon: <u>www.amazon.co.uk</u>.
- Water turn off the tap while brushing your teeth to conserve water. And when boiling a kettle, save electricity and water by never boiling more water than you need.
- Reuse paper before you throw away that page you printed by mistake or that paper covered in editing marks, how about using the other side to take notes in class, or chop it up to use as shopping lists and reminder notes?
- Turn off your computer reduce your energy consumption by turning off your computer when you're not using it.
- Be thrifty instead of buying an expensive new outfit or gadget, you can save some cash and help
 out the environment by shopping at a local charity store. Charity store shopping is another form of
 recycling you reduce the energy used by factories to make new items, as well as picking up some
 great, vintage bargains for your wardrobe.
- Spend less time in the shower cut down your shower time by just two minutes to save water and electricity. It also means you can enjoy an extra two minutes in bed every morning!
- Go paperless save trees by going online and changing your bank account and any credit cards to paperless billing.
- Reuse your bags avoid plastic bags by purchasing a couple of reusable shopping bags. They can be used for everything, from food shopping to carrying your lunch, books or even a laptop.
- Recycle your old mobile phone earn cashback when you upgrade your phone by visiting:
 www.moneysavingexpert. com/phones/mobile-recycling
- Consolidate your hair care products buy 2-in-1 shampoo and conditioner to halve your hair product waste.
- Wash clothes at a cooler temperature modern washing powder means that 30 degrees should be
 plenty warm enough for your clothes. You'll save electricity and your clothes will last longer due to the
 reduced heat damage that they suffer.



YOUR CONTRACT

Your contract with us is legally binding so please make sure you're clear on its terms and conditions. Here's an overview of some of the key facts:

You are bound to the full contract period – if you leave before the contract ends you will not receive a reduction in rent.

You must pay your accommodation fees on the due dates stated on your contract – outstanding debts will eventually be passed on to an external debt collecting agency. Once your debt has been passed on to the agency, you will be liable for all legal charges.

The Collegiate AC team may need access to your room for room inspections, maintenance and repairs, as well as for showing prospective students around during open days. We'll always give you at least 24 hours' notice (unless it is impractical to do so).

Collegiate AC does not accept liability for the loss or damage to any resident's property, whatever the circumstance. Contents insurance with Endsleigh (www.endsleigh.co.uk) is included in your rent. Please refer to your Endsleigh leaflet for upgrade options.

If you're unsure of your full legal obligations, please double-check your contract agreement and let us know if you have any queries.

MOVING OUT

Changing rooms

We want to ensure you are 100% happy during your stay with us, so if for any reason you're unhappy with your room, you can apply to change it at the accommodation office. Please bear in mind that during the first few weeks of term, almost all of our rooms are occupied or allocated to students, so a room change in the first two weeks might prove tricky. Instead, bear with us and try to settle in and get to know your new flatmates and home.

We've found that most students settle in within the first few weeks, make friends and then don't want to move, but if you really feel you would like to change rooms, let the accommodation team know and we'll do our best to find you a more suitable room as soon as we can.

Moving out at the end of your tenancy

We are always sad to see our residents leave, but we know that all tenancies have to end at some point.

As a condition of your contract, you'll need to book and meet a member of the team for a check-out inspection OR follow the guidance on how to do a 'fast track' check-out.

There are a few requirements for your last day:

- Please place your keycard in the check-out envelope. You can pick up an envelope at reception.
- Please make sure your room and en-suite are clean before you leave. We will provide you with more detail
 on what you need to do to get your deposit back nearer to the end of your tenancy.

Protecting your personal information

Collegiate Group is committed to protecting and respecting the privacy of all parties with which it comes into contact.

You have a number of rights and protections under Data Privacy Law and Regulation. From the 25th May 2018, this is governed across all EU member states by the introduction of the General Data Protection Regulation (GDPR).

For more information, and to read our full Privacy Notice, please visit our website on **www.collegiate-ac.com/privacy-policy/**

For questions, you can contact us at **tower@collegiate-ac.com**

Extra charges for damage/cleaning

Here is a rundown of estimated charges for damages to items or additional cleaning necessary due damage from the tenant or their guests. These charges are for information only and you will be charged the exact cost of rectifying any damages. If you have a guarantor who has co-signed your agreement with us they will also be made aware of any additional charges due to damages as they are also held liable for these.

Your kitchen	Price
Extractor fan (above stove)	£300
Combination/conventional oven	£500
Hob	£500
Dining stool (per stool)	£80
Kitchen work surface	£1,000
Vinyl floor	£500
Redecorate walls	£50 per wall
Redecorate ceiling	£100
Fire blanket	£50
Fridge/Freezer	£500
Privacy blackout blinds	£700
Television	£500
Remote control	£50
Bean bag sofas	£200 per 1 seater sofa
Radiator/Wall heater	£350
General damage to walls	£250
Lights and fittings	£350
Smoke detector	£100

Your bedroom	Price
Bed	£200
Underbed storage doors/drawers	£150
Mattress	£250
Study chair	£90
Desk	£200
Wardrobe	£300
Book/folder shelves	£150
Privacy blackout blinds	£700
Vinyl floor	£500
Window	£400
Radiator/Wall heater	£350
Redecorate walls	£50 per wall
Redecorate ceiling	£100
Bedroom door and fittings	£300
Notice board	£50
Lights and fittings	£350
Smoke detector	£100
Mirror	£100
Cleaning your room/kitchen	Price
Bedroom - general clean	£50
Entire Studio inc bathroom	£70
Studio/Linked kitchen clean	£50
Large ensuite kitchen clean	£100
Removal of rubbish	£15 per black bin bag
Shower cubicle – mould removal	£70
Oven deep clean	£50
Fridge defrost and deep clean	£50

Your bathroom	Price
Shower	£250
Glass shower door	£250
Mirror and/or shelf	£100
Shaving point	£120
Towel hook/rail	£10
Toilet roll holder	£10
Toilet	£200
Toilet seat	£40
Vinyl floor	£500
Sink and taps	£200
Lights and fittings	£350

Other items	Price
Replacement fob/key	£10
Letter box key	£30



COMPLAINTS HANDLING AND APPEALS

Complaints will be subject to the ANUK complaint procedure and subject to independent appeal and referral up to the ANUK committee on standards to ensure we have an open, fair and transparent process. We would also notify any affiliated university in our monthly written reports and deal with any major complaints through our routine daily and weekly liaison.

Collegiate Complaints Procedure

Collegiate is responsive to the needs of our students and visitors and welcomes comments and complaints as a means of improving services. We won't necessarily be able to change the things in the way that you would like or always meet your needs but we will always be able to give you an explanation of how a decision has been made. Collegiate will always be professional and courteous in dealing with complaints and we will try to be as quick as we can in responding to you.

Collegiate is a large community and it is inevitable that from time to time complaints arise. This procedure explains:

- How to make a complaint
- · How you can expect us to deal with it
- What you can do if you are unhappy with our response

Informal

If you have a complaint, in the first instance please discuss this with a member of the accommodation team in person or with the Collegiate central management team to try and resolve the matter swiftly. If you do have a complaint you should let us know as soon as possible and within eight weeks of the event or lack of action, about which you are complaining. Your complaint will normally be acknowledged within 48 hours (excluding weekends, public holidays and official university holidays) and responded to fully within five working days of the receipt of the complaint. If circumstances mean a full response is likely to take longer we will inform you and keep you informed of the process.

Formal

We know that you will love living in your new home, however we know that sometimes the unexpected happens. If you are unhappy with any element of living with us the quickest and easiest way to let us know and get a resolution is by speaking to your friendly accommodation team. If you remain unhappy with the situation and would like to escalate your complaint the following procedure must be followed to ensure it can be fully investigated:

Phase 1

Let us know why you are unhappy and what you think we can do to fix this for you, by emailing the property management team for your building you live in **tower@collegiate-ac.com**. To ensure we can identify this communication as an official complaint please Subject your email as 'Official Complaint'. Our Accommodation Manager will acknowledge the complaint within 48 working hours and deliver a full respond within x7 working days in writing.

Where a parent of a tenant is making a complaint then the tenant must confirm in writing that this constitutes their representative, without this we are unable to proceed further and it will delay the timescales of this process.

Phase2

If you are unhappy with the outcome from our Accommodation Manager please email us at **tenants@collegiate-ac.com**

Please tell us what part of our Manager's response you are unhappy with and what your desired outcome is. To ensure we can identify this communication as an official complaint please Subject your email as 'Official Complaint'.

Where a parent of a tenant is making a complaint then the tenant must confirm in writing that this constitutes their representative, without this we are unable to proceed further and it will delay the timescales of this process. We will acknowledge your complaint within 48 working hours and receive a response from a Senior Manager within x14 working days.

Phase 3

If you are unhappy with outcome of Phase 2 and you feel that we have broken the ANUK National Code of Standards you may contact this third party regulator to independently investigate your complaint. It is important to note that unless you have undertaken Phase 1 and Phase 2 of this process you will not be able to progress with Phase 3. Details for making a complaint with ANUK can be found at <a href="https://www.anuk.com/www.com/www.anuk.com/www.com/www.com/www.com/www.com/www.com

Confidentiality

All complaints will be dealt with confidentially though enquiries may have to be made to investigate the matters that are the subject of the complaint. The effectiveness of any complaints procedure depends on the university being able to collect appropriate information from the parties involved in order to investigate the matter properly. For this reason, anonymous complaints will not be dealt with.

Harassment

Collegiate seeks to create a residential environment which is free of harassment and which protects the dignity of students and staff irrespective of their gender, sexual orientation, racial or ethnic background, religion or disabled status. It regards sexual, racial or personal harassment very seriously and requires all students and staff to observe its policy in this area.

Students who believe they are experiencing harassment within their accommodation are advised to raise this with their warden in the first instance. You can also contact the Equality and Diversity Office, or the Students Union Advice Centre.

External Referral

Collegiate is registered to comply with the regulations set by the ANUK code of practice for larger student developments. If you believe that Collegiate has not dealt with your case properly, or that the outcome is unreasonable then you can, provided you have completed all of our internal procedures, complain to the ANUK Code directly.

Equality and diversity

Collegiate – committed to equal opportunities

Managers of Collegiate's premises will ensure that all accommodation allocation procedures comply with applicable equal opportunities policies.

Where no equal opportunities policies exist, managers will ensure that no person or group of persons is discriminated against or unfairly treated because of their race, colour, ethnic or national origin, gender, disability, appearance, age, marital status, sexual orientation, social status or any other factor.

As part of its commitment to assisting persons with disabilities, Collegiate will ensure that charges for rooms adapted for use by students with disabilities do not exceed the standard room rate for the building in which they are located.

Want to know more?

If you would like to know more about Collegiate's commitment to equal opportunities, please contact us by emailing **tenants@collegiate-ac.com** or calling 0123 525 0140.



FIRST CLASS REDEFINED

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- @collegiate_uk
- @collegiateac
- p @collegiateac

Out-of-hours emergency contact: 02921 040 586

