# YOUR STUDENT HANDBOOK

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THE NEIGHBOURHOOD EXETER

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## Welcome.

## Hello. Welcome to The Neighbourhood Exeter.

You're about to find out everything you need to know about your fabulous new home here in Exeter. Feeling a little nervous? Don't worry – we're here to help.

We want your stay with Collegiate to be a memorable one, so we've built in loads of great features that we know you'll love. We've also made sure that The Neighbourhood Exeter is in a great location, so that you can get the very best out of Exeter and your life at university.

Got any questions? Have a flick through this handbook to find out the answers. If there's anything you're still unsure about, our on-site staff will be happy to help.

The handbook also contains a couple of house rules. Don't worry – there's nothing too tedious. Just a few simple guidelines to ensure that you and your fellow residents at The Neighbourhood can feel free, safe and ready to enjoy your university years.

So, grab a cup of tea, settle down in your cosy new home and let us guide you through life at The Neighbourhood Exeter.

#### Read. Relax. Enjoy.

## Hello

#### Office contact details

You can get in touch with a member of the team in person, or by phone and email. Telephone: +44 (0) 1392 231 099

#### Email: theneighbourhoodexeter@collegiate-ac.com

#### Out-of-hours emergency contact

For the out of hours emergency contact, there will always be somebody on site, concierge until midnight and then security from midnight until 8am.

#### The main office address is:

The Neighbourhood Exeter 27 Mary Arches Street, Exeter, EX4 3FP

The email address you gave us when you booked will be how we contact you – so please ensure you check your messages regularly. If you'd like us to use a different email address, please let a member of our friendly accommodation team know and we will update your details accordingly.

#### Cycle store

Cycling is a great way to exercise and a cheap and enjoyable way to explore Exeter. You can bring your bicycle to The Neighbourhood Exeter and we will keep it safe in our secure cycle store.

The Police recommend that you always leave your bike locked with two solid locks: one to secure the bike to a stand by the front or back wheel and the other to go through the remaining wheel and the frame. That way there's no chance of returning to find that all you have left is a wheel!

**Please note:** we can't take responsibility for any loss or damage to bicycles left in the storage area. If there is a problem, please notify the police and the accommodation team.

#### Parking

There is no parking facility on site. The Neighbourhood Exeter has 2 unloading bays and has a long stay car park, Mary Arches, situated right opposite. Alternatively, email reception for details of any other parking near by.

#### Mail

Your mail will be delivered to your post box, situated on the ground floor near to the entrance. Any larger mail/parcels will be held at reception for you to collect. If your parcels need signing for, a member of the team will be happy to do this.

Please note that the accommodation team takes no responsibility for any loss or damage to parcels that have been signed for at reception.

#### Bus routes

The nearest bus stop is 2 minutes away on Fore Street, with 11 services that connect the city. The Day to Day bus services to and from the University is the D and the H bus. These stops are either on Queen Street or Exeter Central railway Station, both approximately 5 minutes walk away. These routes serve the Streatham and St Lukes Campus.

The main bus station is on Paris Street. Approximately a 12 minute walk away, Providing links over the country and to Exeter Airport.

The bus company operating in Exeter is Stagecoach Bus. You can find details and information on routes, ticket prices, local maps and bus stops online at **www.stagecoachbus.com**.



## We can fix it

#### Can't find your keys? Got a leaky tap? Whatever you need, we're here to help.

#### Lost your keys or locked yourself out?

These things happen, so don't worry. We can help: if you lose your key/fob/key card, we can replace it for a small fee. You just need to request a replacement from the accommodation office during office hours.

If you lose your key outside of office hours, you'll need to call our concierge team to let you in, you'll need to show them some ID. Once you're safely back inside, come to the accommodation office during opening hours to pay and collect a new set of keys.

If you've locked yourself out of your room during office hours, pop along to the accommodation office and a member of the Management Team will assist you with accessing your room.

Keys are important and costly to replace, so keep them safe and remember where you left them.

#### Got a maintenance issue?

Things wear out and things get broken. It's part of life. But we want you to feel your Collegiate accommodation is always in tiptop condition, so that you can be proud of your home.

If something needs sorting out, simply tell the accommodation office and the repair will be carried out in accordance with an agreed schedule of priorities. A time will be arranged for our maintenance team to come and fix things. They will always knock before entering a bedroom and if you're not home, we will send you a confirmation email to let you know if they've been into your room. Rest assured, the problem will be solved quickly, conveniently and efficiently.

#### Need an emergency repair?

If you have an emergency maintenance issue, such as a burst pipe or a broken window, and it's outside of maintenance staff working hours, you can report it to our out-of-hours service on +44 (0) 1392 231 099 and they'll immediately contact the appropriate person to rectify the problem.

If you have a non-emergency maintenance issue, such as a defective fridge/freezer, a blocked drain and so on, please hang on and report this to the accommodation office during office hours. These types of issues will be dealt with during the usual maintenance staff working hours.

### Your rent

For those students paying in instalments, your standard payment dates are:

#### 4 instalments:

- 1st Instalment due on or before 24th August 2022
- 2nd Instalment due on or before 29th September 2022
- 3rd Instalment due on or before 4th January 2023
- 4th instalment due on or before **3rd May 2023**

#### 3 instalments:

- 1st Instalment due on or before **24th August 2022**
- 2nd Instalment due on or before 6th January 2023
- 3rd instalment due on or before **5th May 2023**

These can also be found on page 5 of your tenancy agreement.

Please note that we do not accept cash, card or cheque. Payments are made via your online portal.

## Arriving in a new country

#### Opening a bank account

You need to be in the UK to open a UK bank account, so make sure it's one of the first things you do once you get to Exeter. It is the safest way to manage your money. Opening a bank account can take a week or more, so make sure you've got enough cash for your first few weeks here.

To open a bank account you'll need to check individual bank requirements. Most will want to see your passport and introductory documentation from your university detailing your personal details and course of study. Once your account's open, speak to your university or go to <u>www.moneyadviceservice.org.uk</u> for advice on budgeting and managing your money.

#### **Student Travel Reduction Cards**

Want to see more of the UK during your university days? A 16-25 Railcard and/or a Coach Card can save you a considerable amount if you explore by train or coach. The 16-25 Railcard costs £30 for one year or £70 for three years, and gives you a third off your rail travel in the UK. To get this you will need proof you are a student, your passport and a passport-size photo. The card can be purchased at any train station ticket office. For further information see: **www.16-25railcard.co.uk**.

The Young Persons Coach Card can be bought at National Express coach offices or online. This card costs £12.50 for a year or £30 for three years and gives you 30% off all coach travel in the UK. To get one you simply need proof that you are a student. For further information see: <u>www.nationalexpress.com/en/offers/coachcards/young-person</u>

#### Mobile phones

Mobile phones are cheap to buy, but expensive to use, so be careful not to accidentally run up a big bill by spending hours on the phone to another country. If you choose a contract, the phone will be cheap or free, but make sure you check the monthly payment and call charges before signing and remember that there's often a compulsory monthly charge. You will need an enrolment letter from your university to take out a phone contract. Pay-as-you-go is the no-contract, no credit check, no-commitment, no-monthly bills way to get a mobile phone. However, you always pay a lot more to buy the initial phone and calls are generally more expensive than on contract mobile phones. On the plus side, you don't need to provide a proof of enrolment letter from your university.

#### For information on mobile phone companies and to see prices see: <u>www.mobiles.co.uk</u>



## Your new community

Exeter is a safe, student friendly city with a vibrant and fun culture and a relaxed atmosphere. Exeter is where Medieval and Modern sit side by side. The city centre is home to the incredible Princesshay shopping centre, which has over 60 shops and an array of restaurants, cafés and bars to enjoy.

Exeter is home to the magnificent St Pauls Cathedral, in the heart of the city and is one of the finest examples of late medieval architecture in Britain. You can also explore beneath the city's streets in the Medieval underground passages, the only attraction of its kind, open to the public in Britain.

The Neighbourhood is perfectly placed to enjoy the best of Exeter living within easy reach. You'll be living a short walk from the beautiful Quayside and tranquil River Exe, in one direction, and the vibrant city centre in the other. The University Campuses are either a 20-25 minute walk or short bus ride away.

For information on local events and activities in Exeter, please visit these website pages:

#### www.visitexeter.co.uk

www.devonlive.com/whats-on/

Welcome to Exeter, we are sure you will enjoy your time with us!



## Living together

Communal student living is all part of the university experience. At Collegiate we think we've arranged things to ensure that you have a great environment, friendly people and a real sense of community. At the same time, you also have your own space. We want you to enjoy your time at uni to the full and to look back at it fondly when the time comes to move on.

Want to make the most of your time here? Our accommodation team will arrange events throughout the academic year to help you get to know your flatmates, relax and have a good time.

Keep an eye on our Facebook group and the notice boards for up-coming events: The Neighbourhood Community 21/22.

#### Your on-site facilities at a glance

- Experienced and friendly on site management and concierge team to help with any queries about the city, transport and entertainment 24/7. They also arrange social gatherings and facilitate you meeting other students on site.
- High tech laundry room receive an email when your wash has finished.
- On-site private gym and fitness suite for residents' use only.
- Cinema room.
- Karaoke Room.
- Open and group study room.
- Dining room.
- Games zones.
- High-speed broadband and Wi-Fi throughout the building stay connected all the time.
- Secure electronic access and CCTV let us keep you safe and sound.
- All inclusive rates, including heating, lighting and water makes budgeting simple.
- Additional room cleaning service.

#### The gym

A simple swipe of your electronic door fob gains you access to one of the best features here at The Neighbourhood Exeter: a private gym available exclusively to our residents. Packed with the latest exercise equipment, the gym allows you to flex those muscles and burn off calories with minimum fuss, with all the convenience of it being literally on your doorstep.

Fancy a run? Work off those pounds on the treadmill. Want to go even faster? Then hop onto the exercise bike. You can also use the Youtube app on the TV to take part in any exercise video of your choice. Whether you want to shake your stuff at Zumba or find your inner balance through Pilates remember that it's your gym to use how you want – so make the most of it!

When working out in the gym, please consider other users and respect their personal space. Stick to one station at a time, use earphones if you have music on and wipe down each station when you're done. The gym is covered by CCTV at all times but please remember that when working out, your safety is your responsibility. The gym is open 24/7, although management reserves the right to close the facility at any time, should the need arise.

#### The cinema room

We think you'll love our cinema room. We've included the latest state-of-the-art, high quality audio visual equipment, including a large screen and Xbox. Recline in style for one of our movie nights or settle down in comfort to watch a sporting event. The choice is yours. Just sit back and relax in the best seats in the house.

Please be considerate when using the cinema room and ensure the equipment is not misused or damaged in any way. Simply leave it as you would wish to find it.

#### Open study spaces

Your room comes complete with desk area for hitting the books in privacy, but if you fancy a change of scene then why not catch up with your fellow residents in the study rooms to discuss ideas, compare notes and work through any challenging assignments. The open study room is available 24/7, so you can study with your friends any time of day or night.

Please remember that others might like to work quietly while you are using the study rooms, so be aware and respectful of others while you are using the facilities. Please also do your bit for the planet and ensure everything is switched off when you finish and leave the room clean and tidy. If you have problems with any of the equipment please let the accommodation team know as soon as possible and we will sort it.

#### Games area

We know that life isn't all about studying, so why not enjoy your down time in our fantastic gaming room? Relax over a game of pool or get competitive with a table football tournament, Xbox or a board game – it's your space to enjoy as you wish, even if all you want to do is curl up with a cup of tea for a catch up on the comfy sofas.

#### Karaoke room

The students can book this room at reception between Monday and Friday during office hours for any time they need.

#### Laundry

The laundry room is available for all residents to use. Don't fancy heading down there only to find out that the machines are all in use? Then why not check online to see washing and drying machine availability before doing your laundry: **www.circuit.co.uk**. You can even request an email to let you know when your washing or drying cycle has finished.

All of the machines are brand new, fully maintained and very simple to use. However, please note that the washing machines do not have a powder-dispensing drawer, so you'll need to purchase all-in-one washing and fabric conditioner tablets, which can be placed directly in the drum with your clothes.

Download the circuit laundry app onto your mobile device and follow the online instructions.

If you don't have a smart phone, please ask reception who can issue you with a laundry card (which can be topped up in increments of £10, to a total value of £80) and follow these instructions:

- 1. Make sure you have your laundry card to hand
- 2. Visit <u>www.circuit.co.uk</u> and follow the top-up instructions
- 3. Take your laundry card and top-up code to the top-up machine
- 4. Activate your credit using the top-up machine
- 5. You are now ready to do your laundry!



#### Internet

Broadband and Wi-Fi is available throughout the building, 24 hours a day, so you can stay connected at all times. Wired connections are available via an Ethernet cable connected to the wall socket in your room – simply open your web browser and follow the instructions.

For wireless connections, search for the Glide Wi-Fi network. Broadband is available with speeds up to 200mb/s

We recommend using the wired connection if you want to watch digital TV. 4TV allows you to watch over 50 digital Freeview TV and radio channels through your device via the internet.

#### Your local amenities at a glance

The local area includes all of the following, which should cover most of your daily needs:

- Marks and Spencer, Tesco and Sainsbury's food stores All within 5 minute walks on the high street.
- ATM machines There are Santander and NatWest branches as well as an ATM at Sainsbury's, all within 5 minute walk on the high street.
- Takeaway food outlets A wide range of takeaway options
- Restaurants and café's A wide Range of dining options all within a short walk, please ask at reception if you need any guidance!
- Boots superstore and pharmacy 8 Minute Walk on the High Street
- Princesshay Shopping Centre 5 minute walk
- Post Office located in WHSmith in the Guildhall Shopping Centre which is less than a 5 minute walk

## Your apartment

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A flat-screen, 32inch smart TV with apps including iPlayer, YouTube and ITVhub provided in every bedroom. If you've brought your own TV, just connect it to the TV aerial point in your bedroom, but please note that you are responsible for purchasing your own TV licence. This can be paid for weekly, monthly or yearly, by going online to: **www.tvlicensing.co.uk** 

#### Intercom

The wall-mounted intercom in your flat is linked to the main entrance. Friends and visitors can call reception, then you will need to come down to let your friends in.

Don't let anyone in that you don't know or don't recognise. If they're tenants at The Neighbourhood Exeter then they'll have their own key to let themselves in and if they've forgotten their key they can call the accommodation team. We advise this for everybody's safety and security.

#### Heating

All apartments are supplied with electric heating to keep you toasty warm. The tenant can control the heating through a thermostat in their room. If the tenants need to increase the maximum temperature of the thermostat then they will need to contact reception.

#### Induction hob

To use the induction hob, first turn on the main isolator situated in the kitchen cupboards. Some hobs have an integrated timer which will switch off after 20 minutes, to turn the hob back on, simply reactivate the main touch button on the hob.



The induction hob will only work with induction pots and pans. Please ensure when purchasing these items, that you check their suitability for an induction cooking service. Non induction pots and pans will not work and can cause damage to the hob.

#### The cooking extractor fan

The extractor hood should always be used when cooking to help prevent smoke and steam from activating the fire alarm. The hood has one speed setting in studios and three speeds in the cluster flats, which can by selected by pressing the buttons on the front.

#### What to do if your electricity goes off or a fuse goes in your room

If your electricity goes off, a fuse may have tripped in your apartment, please contact a member of reception who will be able to check this for you.

If a bulb has blown, the electricity will come back on but the light will remain out. Please inform reception, who will arrange to have the bulb changed.

If the electricity does not turn back on, it could be due to a faulty electrical item such as a hairdryer or toaster, so try unplugging any electrical items you were using when the electricity went off. If you cannot identify a faulty appliance, or the trip switch will not re-set, please report this fault to the office as soon as possible.

#### How to use the shower

Hot water is available 24 hours a day, 7 days a week.

The shower is controlled by two dials, one on either end of the control bar. The far left dial turns the shower on/off and controls the water pressure. The right hand dial adjusts the water temperature. A safety button on the control bar stops the hot water from being accidentally turned up too high. If you want hotter water, simply press and hold down this button whilst turning the temperature control.

#### The bathroom extractor fan

The extractor fan in your en-suite shower room will be activated once you switch the light on in your bathroom.



#### Windows

All the windows in The Neighbourhood open. The windows are restricted for your safety. Please do not hang items out of the window.

#### Room cleaning

We ask all students to keep your rooms clean and tidy, A hoover is available to borrow from the main reception.

#### **Refuse bins**

Take all refuse to the bin store located on the ground floor within the accommodation. Here at The Neighbourhood we care about the environment and encourage you to do the same so please separate your recycling and place it in the correct bins provided.

#### What to do if you still need help

If you have any queries regarding your room or wish to report a maintenance issue, please visit reception. We are here for you 24/7. If you have a serious emergency (when the safety of you or your fellow residents is at risk or a serious maintenance issue such as a water leak, no electricity, or a broken window, has occurred) then please let us know straight away.

You can contact reception on +44 (0) 1392 231 099.

## Top tips for getting on with your new flatmates.

We want to ensure that everyone enjoys their time at The Neighbourhood Exeter, so we ask everyone to stick to a few simple guidelines.

#### Respect each other's space

The kitchen is your most important communal area and everyone in your flat should feel comfortable using it. Wash up and wipe up after yourself to keep the cooking area, sink and dining area clean and clear for your flatmates – leave it as you would like to find it. Remember that the kitchen is for you and your flatmates only, so guests should be occasional.

#### Smoking is strictly not allowed anywhere in the building.

#### Be considerate about noise

Not everyone shares your taste in music, and even if your whole flat loves your latest download, the person downstairs trying to study might not appreciate a thumping ceiling. Try to keep noise to a minimum – if you can hear your music outside of your room, then the chances are that everyone else can too.

Try to be quiet coming in and out of your flat as well, especially at night when others might be sleeping. Remember that all doors in building are fire doors – so if you don't close them quietly, they will close themselves with a loud thud!

#### Handling anti-social behaviour

If other residents are behaving in ways that cause you concern, then in most cases the most effective way in dealing with the problem is to speak to them yourself, perhaps with others who are affected. If you don't find this helps, then you should speak to any member of the team at the accommodation office to take the matter further.

Accommodation office: +44 (0) 1392 231 099

If it's anti-social behaviour that you believe warrants police action then please call the police when the incident occurs. Non-emergency police number: 101 / Emergency police number: 999

#### Your guests

Overnight guests are allowed in your room for a maximum of three consecutive nights, but remember if you are in a shared apartment, it is polite to ask your flatmates before inviting people to stay. Unless you're staying in a shared room, it's only designed for one person, so having an overnight guest should be occasional.

Similarly, your kitchen is designed for the number of people living in your flat, so although it's OK to invite friends over for lunch or dinner now and again, you should be careful not to inconvenience your flatmates.

The behaviour of any person you invite into your building, apartment or room is ultimately your responsibility. You'll be held accountable if there are any complaints from your flatmates, or any damages caused by your guest(s), so make sure they behave as well as you do!



## Staying safe and secure

#### We're here for you

We want you to enjoy living at The Neighbourhood Exeter to the full. We don't just provide first-class accommodation but also a first- class service. Our experienced on site accommodation team is here to offer all the support you need – and a member of the team is available 24-hours a day.

#### It's good to share

If university life isn't everything you hoped and you are feeling unhappy, don't let it get on top of you – talk to a member of our team. We are always happy to help and work in partnership with your university's pastoral care team to ensure you know how to get help and advice when you need it, so that you can get the most out of your time at uni.

#### Student Assistance Programme

We have partnered with Health Assured to provide you with a 24 hour helpline to support you through any of life's issues or problems. They are there to help with personal and professional problems that could be affecting your home life or student life, health, and general wellbeing. They are also able to extend their support to your partner and dependants. The helpline is available 24/7, 365 days a year.

Free 24 Hour Confidential Helpline: 0800 028 3766

#### Good health

If you're feeling unwell you can get an appointment with a doctor or nurse at the university's health centre. For out-of-hours health advice, you can call the NHS on 111 – but always get advice in person from a medical professional if anything persists or if you're worried.

#### **Content insurance**

By partnering with Endsleigh, the No.1 student insurance provider, we have arranged contents insurance for all of our students staying with us in our residence.

It is important that all students confirm their cover to ensure you understand what is and isn't covered. You can do this by downloading the MyEndsleigh app and registering.

Visit MyEndsleigh <u>www.endsleigh.co.uk/student/confirm-your-student-cover/</u> to view what is and isn't covered, get claims support, personalise your cover, access rewards and access wellbeing support.



#### National Code Assured Accommodation

All Collegiate student accommodation in the UK is covered by the ANUK / National Code for accommodation owned or managed by non educational establishments.

#### **Benefits for students**

The most obvious reason for choosing to live in a development covered by one of the ANUK/Unipol National Codes is that they provide reassurance: Reassurance that the accommodation is safe and well managed; and reassurance that, should any problems arise, there exists a mechanism to help get them resolved.

#### Compliance with benchmark standards

Members of the Codes voluntarily agree to comply with benchmark standards that relate to both the physical condition of a building as well as its day to day management. This means that, amongst other things, students living within a building covered by the Codes can expect:

- Buildings that meet or exceed the local authorities fire safety requirements.
- Sufficient bathroom and kitchen facilities.
- All repairs to be completed within agreed timescales.
- Advanced notification if managers need to access rooms and/or flats to undertake routine inspections or planned maintenance.
- Managers of buildings to act in a professional and courteous manner at all times.

### Health care in the UK

Non-emergency healthcare matters are dealt with by doctors known as General Practitioners (GPs), in local surgeries. You need to register with a doctor before you are treated, so do this within the first week of your arrival in Exeter.

You can register with a GP by going to the doctor's surgery and filling out a form. Names and addresses of doctors can be obtained from: **www.nhs.uk** 

You do not pay to register with or to consult with an NHS doctor.

### Health and wellbeing – local contacts

#### **GP** surgeries in Exeter

#### St Thomas Health Centre

**Cowick Street Exeter EX4 1HJ** 0.9 miles from The Neighbourhood 01392 676 676

#### Southernhay House Surgery

**30 Barnfield Road Exeter EX1 1RX** 0.6 miles from The Neighbourhood 01392 211 266

#### **St Leonards Medical Practice**

Athelstan Road, St Leonards Exeter EX1 1SB 0.8 miles from The Neighbourhood 01392 201 790

#### Barnfield Hill Surgery

**12 Barnfield Hill, Exeter EX1 1SR** 0.8 miles from The Neighbourhood 01392 432 761

#### **The Foxhayes Practice**

**117 Exwick Road, Exeter EX4 2BH** 0.8 miles from The Neighbourhood

#### **Isca Medical Practice**

**38 Polsloe Road, Exeter EX1 2DW** 1.3 miles from The Neighbourhood 01392 273 805

#### **Hospitals**

#### Heavitree Hospital

**Gladstone Road, Exeter EX1 2ED** 1.1 miles from The Neighbourhood 01392 411 611

#### **Nuffield Health Exeter Hospital**

**Wonford Road, Exeter EX2 4UG** 1.3 miles from The Neighbourhood 01392 276 591

#### **Royal Devon and Exeter Hospital**

Barrack Road, Exeter EX2 5DW 1.4 miles from The Neighbourhood 01392 411 611

#### **Exeter Community Hospital**

Hospital Lane, Whipton, Exeter EX1 3RB 2.7 miles from The Neighbourhood 01392 208 333

### Dentists

Although dental treatment is available on the NHS, it is not always free. You can choose which NHS dentist you want to be registered with (it does not need to be the dental practice closest to your residence), but you need to be registered with a dentist before you receive treatment from them.

#### To find a list of NHS registered dentists see: www.nhs.uk

### Local dentists in Exeter

#### St Thomas Dental Centre

**48 Cowick Street, Exeter EX4 1AP** 0.7 miles from The Neighbourhood 01392 210 850

#### **Inspired Dental Care**

**246 High Street, Exeter EX4 3PZ** 0.3 miles from The Neighbourhood 01392 272 385

#### The Exeter Dental Care

**17 Castle Street, Exeter EX4 3PT** 0.4 miles from The Neighbourhood 01392 272 350

#### **Southernhay Dental Practice**

**20 Southernhay East, Exeter EX1 1QL** 0.6 miles from The Neighbourhood 01392 202 242

#### Life Dental and Wellbeing

**31 Queen Street, Exeter EX4 3SR** 0.3 miles from The Neighbourhood 01392 278 843

#### **Bupa Dental Care**

**10 New North Road, Exeter EX4 4HF** 0.5 miles from The Neighbourhood 01392 345 542

## Other useful contacts

Samaritans | 0845 790 90 90 | <u>www.samaritans.org</u>

Student Loans Company | 0300 555 0505 | www.slc.co.uk

Sexual Health | 0131 536 1070 | www.nhs.uk/Livewell/Sexualhealthtopics

Victim Support | 0845 30 30 900 | www.victimsupport.org.uk

Alcoholics Anonymous | 0845 769 75 55 | <u>www.alcoholics-anonymous.org.uk</u>

British Pregnancy Advisory | 03457 30 40 30 | www.bpas.org

Debtline | 0808 808 40 00 | www.nationaldebtline.org

Drugs Advice & Helpline | 0800 77 66 00 | <u>www.talktofrank.com</u>

National Gambling Helpline Freephone | 0800 77 66 00

# Keeping yourself and your flatmates safe.

Follow these simple tips to ensure that you, your flatmates and your belongings are kept safe and sound.

Close your windows and lock your doors when you go out. Make sure that the door to the building and the door to your flat and study bedroom are kept locked at all times – even when you're in. When you're out, keep your bedroom door locked to protect your possessions.

Never tamper with, cover, or move any fire safety equipment. Doing so puts yourself and others at risk. Anyone caught doing this will face eviction, so don't stand by and let others do things that put you at risk if you see someone else interfering with fire safety equipment.

Make sure you know what to do in case of fire and that you comply with any other health and safety regulations.

## **General Safety**

Keep the main entrance doors locked at all times and do not prop them open.

Be aware of any strangers on the premises. It will take a while for you to recognise all tenants in the building, but if someone is acting suspiciously, let the accommodation team know. Please contact reception on +44 (0) 1392 231 099

If your room is at ground level, do not leave your window open when you're not there, always make sure that you put any valuables out of sight and close your venetian blinds so that people can't see in.

Always carry your key card with you and never pass them to anyone else.

If you're worried about your safety or any security on site, please speak with a member of the accommodation team during office hours, or call reception on +44 (0) 1392 231 099 or the police.

## **Fire safety**

It's vital that you know how to prevent fire and what to do if one happens. Please refer to the fire evacuation procedure notice located on notice boards in The Neighbourhood Exeter.

#### **Fire Safety Equipment**

Fire alarm smoke detectors, fire doors, fire extinguishers, smoke vents and fire blankets are situated throughout the building and are provided for your protection. Do not tamper with them and if you see any items missing or tampered with you must report this to the Management immediately.

#### Our Fire Alarm System

Each bedroom, flat and landlord area has its own fire detection. This comprises of a number of automatic smoke and heat detector alongside strategically placed 'push button' or "Manual Call points".

In the event of an alarm being activated within a room / flat the fire alarm Evacuation Sounders will be activated. This will take the form of a loud siren indicating the area must be evacuated. This will continue until the "all clear" has been given by a member of the Neighbourhood team or Fire Service.

Where it has been determined that a fire within a particular landlord area then an Evacuation Sounder will be activated throughout the building. This will take the form of a loud siren indicating the building must be evacuated. This will continue until the "all clear" has been given by a member of the Neighbourhood team or fire service.

#### Fire Doors

All flats are fitted with fire doors to protect the spread of fire should an outbreak occur. It is essential that all fire doors are kept closed at all times and not wedged/ held open. The management team will carry out regular inspections and repeat offenders will be fined.

#### **Escape Routes**

The corridors on each floor and the stairwells within the building are used as the emergency escape route. Do not use the lift as a means to escape and never block an escape route with any items such as bin bags or bikes. If these items are seen within the corridor they may be removed and placed into storage.

#### **On Discovering Fire**

Raise the alarm (set off the alarm or shout 'Fire'). Call the Fire Service by dialling 999 and evacuate the building via the nearest exit route.

Upon hearing the fire alarm:

- Evacuate the building immediately via the nearest exit route.
- Leave the building and proceed to the Fire Assembly Point.
- Follow any instructions that you are given to you by the Fire Service.
- Wait for the all clear from the Fire Service before re-entering the building.

Fire Assembly Point: The park on the corner of St Bartholomew's Cemetery, next to the building on Bartholomew's Street West.

#### Fire Blankets and Fire suppression

Every flat has a fire blanket or a fire suppression unit within the kitchen area. If you don't have a fire blanket or you would like to be given further instructions on how to use one please let us know.

#### Fire alarm

The fire alarm system is tested on a weekly basis. Test alarms last no longer than ten seconds. If the alarm lasts beyond this time, please carry out your evacuation plan.

## **General fire prevention**

If the fire alarm activates then you MUST evacuate the building regardless of time of day. You MUST go immediately to the fire evacuation assembly point.

Do not misuse any fire fighting/prevention equipment, this equipment is there for your safety and the safety of others in the building. It is essential that it is always in full working order.

Please do not tamper with any smoke detectors. In the event of tamper, you will have to pay for an engineer to ensure that it is still in full working order. It can cost £250 or more for a call out.

Do not bring furniture into your room or kitchen that has not been pre-approved by the accommodation team. This is to ensure that it complies with Health and Safety standards.

#### Do not prop open fire doors.

There is no smoking in any part of the building. Please do not smoke next to the front entrance where people regularly walk past or next to someone's window. Always put your cigarette ends in the bins provided.

Do not let combustible waste build up in your bedroom or kitchen The following items are not permitted due to being a fire hazard:

- Chip pans
- Deep fat fryers
- Halogen lights
- Candles and oil burners
- Fireworks
- Barbecues
- Incense burners
- Other naked flames



## Good housekeeping

#### **Clean living**

#### Your kitchen

None of us like domestic chores, but it's important that your kitchen is kept clean. We'll be making regular checks (don't worry, we'll let you know beforehand when they will be) and we'll let you know if your kitchen fails any inspection.

If you share a kitchen, it's everybody's responsibility to keep it clean – and everybody's responsibility if you're issued a charge for lack of cleanliness. You can divide up the cleaning tasks or take turns on different days – whatever you find works best for you and those you share it with.

#### Your room

It's up to you to keep your room and bathroom clean. Our regular checks are to ensure that they meet our health and safety standards. If they fall below standard, you'll have 24 hours to clean them up or risk a charge.

Please remember:

- Please don't use abrasive cleaning products.
- Please don't put up posters or pictures other than on your notice board.

#### Your bathroom

Descale your shower head every few months to keep your shower working to the best of its ability.

#### Please don't use hair or clothes dye in the bathroom.

#### **Green living**

We can all do more to make the planet a greener place, starting with how we behave in the home. Please help us make The Neighbourhood Exeter a greener place by ensuring we're more energy efficient around the development.

#### Lights

Always switch off if you're not using a room.

#### Recycle

Recycle as many waste items as you can, such as glass, plastics and cardboard, by using the recycling bins on site.

#### Heating

Turn the radiator off when leaving your apartment.

#### Be a user

Freecycle groups match people who have things they want to get rid of with people who can use them. Find your nearest freecycle group at: **www.uk.freecycle.org**.

#### Book swap

You can re-use other people's textbooks and let them use yours for free on sites like: **www.paperbackswap.com**. All you have to pay for is shipping. You can also buy second hand books from Amazon: **www.amazon.co.uk**.

#### Water

Turn off the tap while brushing your teeth to conserve water. And when boiling a kettle, save electricity and water by never boiling more water than you need.

#### **Reuse paper**

Before you throw away that page you printed by mistake or that paper covered in editing marks, how about using the other side to take notes in class, or chop it up to use as shopping lists and reminder notes?

#### Turn off your computer

Reduce your energy consumption by turning off your computer when you're not using it.

#### Be thrifty

Instead of buying an expensive new outfit or gadget, you can save some cash and help out the environment by shopping at a local charity store. Charity store shopping is another form of recycling – you reduce the energy used by factories to make new items, as well as picking up some great, vintage bargains for your wardrobe.

#### Spend less time in the shower

Cut down your shower time by just two minutes to save water and electricity. It also means you can enjoy an extra two minutes in bed every morning!

#### Go paperless

Save trees by going online and changing your bank account and any credit cards to paperless billing.

#### Reuse your bags

Avoid plastic bags by purchasing a couple of reusable shopping bags. They can be used for everything, from food shopping to carrying your lunch, books or even a laptop.

#### Recycle your old mobile phone

Earn cashback when you upgrade your phone by visiting: **www.moneysavingexpert. com/phones/mobile-recycling**.

#### Consolidate your hair care products

Buy 2-in-1 shampoo and conditioner to halve your hair product waste.

Wash clothes at a cooler temperature – modern washing powder means that 30 degrees should be plenty warm enough for your clothes. You'll save electricity and your clothes will last longer due to the reduced heat damage that they suffer.



## Your contract

Your contract with us is legally binding so please make sure you're clear on its terms and conditions. Here's an overview of some of the key facts:

You are bound to the full contract period – if you leave before the contract ends you will not receive a reduction in rent.

The Collegiate team may need access to your room for room inspections, maintenance and repairs, as well as for showing prospective students around during open days. We'll always give you at least 24 hours' notice (unless it is impractical to do so).

You must pay your accommodation fees on the due dates stated on your contract – outstanding debts will eventually be passed on to an external debt collecting agency.

Collegiate does not accept liability for the loss or damage to any resident's property, whatever the circumstance. Contents insurance with Endsleigh (<u>www.endsleigh.co.uk</u>) is included in your rent. Please refer to your Endsleigh leaflet for upgrade options.

If you're unsure of your full legal obligations, please double-check your contract agreement and let us know if you have any queries.

## Changing rooms

We want to ensure you are 100% happy during your stay with us, so if for any reason you're unhappy with your room, you can apply to change it at the accommodation office.

Please bear in mind that during the first few weeks of term, almost all of our rooms are occupied or allocated to students, so a room change in the first two weeks might prove tricky. Instead, bear with us and try to settle in and get to know your new flatmates and home.

We've found that most students settle in within the first few weeks, make friends and then don't want to move, but if you really feel you would like to change rooms, let the accommodation team know and we'll do our best to find you a more suitable room as soon as we can.

We charge an admin fee of £50 for a room change, including the drawing up of a new contract.

## Moving out

#### Moving out at the end of your tenancy

We are always sad to see our residents leave, but we know that all tenancies have to end at some point.

#### Deposits

We will ensure your deposit is returned to you at the end of you contract. If we cannot return the whole of your deposit to you, we will need to ensure you agree to any deductions there may be before we can send you the remaining amount.

#### Keys and access cards

All access cards and keys must be returned to our reception, no later than 12.00pm on the last day of your contract.

If you are returning your keys outside of our office hours please hand them to the Concierge or Night Porter on duty. Our staff will seal your keys in an envelope clearly marking your name and room number on the front. Where cards/keys are not returned the cost of fitting new locks or having a new key cut will be deducted from your deposit.

#### Post box keys

Once you have checked your post box for the final time and removed all of your mail you will need to give the key back to us at reception along with your access card.

#### Kitchen cupboard keys

Once you have emptied and cleaned the kitchen cupboard please lock the cupboard and ensure you provide the keys back to us along with your access card. Each key has its own unique number so please ensure you return the same key you received on your arrival.

If you make the mistake of taking your keys home, simply email us within 48hours of your departure and ensure the keys are returned to us by recorded mail to our Exeter address within 3 working days.

#### Post

If you are expecting any postal mail after you checkout and you would like it to be forwarded onto another address we can help. All you'll need to do is provide us with your new address on a set of adhesive labels (we can provide this to you) and we forward your mail to you up to 10 days.

Alternatively you can contact Royal Mail who can offer a redirection service from 1 month to 1 year.

#### **Outstanding invoices**

Any charges you may have accumulated before the end of your tenancy will be deducted from your deposit. However, we will bill for the following:

- Any missing rent payments.
- Cleaning, including the removal of rubbish.
- Unreasonable damage to the property.
- Marks or stains on décor caused by blue tack or similar material.
- Replacement access cards or keys.
- Any time we have written to you in relation to a breach of the tenancy agreement.

Often the cost of undertaking a small item of repair surprises tenants, so please ensure the flat is left in good condition. For information on the costs to replace items within the flat please refer to our schedule of costs

Any outstanding payments not covered by the deposit will be treated as any other debt and will be passed onto the tenant and guarantor.

#### Condition of the room

When you check out a member of management will carry out a detailed and final inspection, to determine the condition of your flat.

We will check;

- The décor of the flat is in good condition.
- The cleanliness of the flat.
- There is no unreasonable wear and tear to any parts of the flats.
- There are no personal belonging left within the flat.

If you are unable to attend the inspection we recommend you take comprehensive photos of the flat on your departure. If you would like to be present for the inspection please contact reception to check availability no less than 7 days prior to your departure date.

#### **Cluster flats**

All members of a flat are jointly responsible for the shared communal areas (kitchen and hallway). We will try to ensure that any deductions related to these areas are charged to the responsible tenant/s. However if we cannot ascertain who is responsible then all tenants within the flat will be responsible.

It is very important that you discuss with your co-tenants on how you plan to clean the flat before you leave and divide the work up fairly between yourselves. Often there can be problems where some tenants leave early and the remaining ones have the whole flat to clean.

#### Forgetting a valuable belonging

Sometimes it just happens but don't worry, if we find any obviously valuables items we will notify you and keep them safe for you. We will also organise a time for you to collect the item.

Don't forget to check our lost and found storage area for any items you may have misplaced during your stay (including missing laundry). Just speak to one of our management team who will be able to help you. You'll be surprised what we have.

#### Emails

Please ensure you pass us your most current email address to us so we can make contact with you at the end of your tenancy. You can do this by emailing us at **theneighbourhoodexeter@collegiate-ac.com** 

#### **Contract extension requests**

If you are looking to extend your contract you can request this by emailing us at least 4 weeks prior to the end of your contractual term.

#### Your cleaning guide

We hope the guide below will help you identify which areas would need to be cleaned and how to leave the flat before we carry out the final inspection.

#### The bedroom

The floor has been hoovered, cleaned and tidied. Any woodwork, skirting boards and windowsills have been wiped down. All bedding and towels are left clean and folded on the bed. Any mirrors are clean and free from smears. All rubbish has been removed. All walls are clean and any damaged has been repaired. All plastic bags, boxes and coat hangers are removed.

#### The bathroom

The shower cubicle, toilet, washbasin and surrounding areas are clean. The floor, wall tiles and mirrors are wiped down and clean. All personal items are removed. (If you're having any issues with mould, please let the management know and they may be able to assist you.)

#### The kitchen and hallways

The fridge freezer is emptied, cleaned with any ice being removed. All kitchen appliances, work surfaces, splash backs, cupboards, dinning table and floor is clean and free from marks, dirt and grime. Any stained paint work, skirting boards and window sills (where applicable) have been wiped down.

All food has been removed from your food cupboard. Run a final cycle on the dishwasher when emptied. Remove all cutlery and crockery from the kitchen area which you didn't received within your kitchen pack at the start of the term.

Lay out all cutlery and crockery provided to you at the start of the term on the kitchen work surface. Take out all bin bags.

#### General cleaning advice

All rubbish has been removed from all areas of the flat including pin board posters and pins, coat hangers and plastic bags.

All furniture have been cleaned and polished. All painted walls, skirting boards and window sills must be clean and free from marks. Any kick marks have been removed from doors. All electric sockets are switched off.

Make sure any lost or broken items have been replaced. Make sure that the correct furniture is in the correct room. Make sure your bedroom door is locked before you hand in your keys. Make a final check of your mail box.

Where possible ensure a member of staff inspects your room with you (9.00am and 4.00pm Monday to Friday) before you leave. You can book an end of tenancy inspection by emailing us at least 7 days prior to the end of your contract.

#### Extra charges for damage/cleaning

Here is a rundown of estimated charges for damages to items or additional cleaning necessary due damage from the tenant or their guests.

These charges are for information only and you will be charged the exact cost of rectifying any damages. If you have a guarantor who has co-signed your agreement with us they will also be made aware of any additional charges due to damages as they are also held liable for these.

Item description	Price
Painting and Decorating - Per hour	£30 per hour
Cleaning - Per hour	£25 per hour
Key card	£20.00
Mail box key	£15.00
Desk chair	£150.00
Mattress	£850.00
Bedroom bin	£15.00
Bathroom bin	£10.00
TV and TV remote	£380.00
TV remote	£35.00
TV bracket	£75.00
Radiator	£450.00
Towel rail	£240.00
Reading Light	£75.00
Blinds	£190.00
Light fittings and bulbs	£35.00
Hob - Induction	£450.00
Dishwasher	£750.00
Combination oven	£600.00
Dishwasher (shared kitchen)	£750.00
Boiling water tap	£350.00
Fridge freezer (shared kitchen)	£450.00
Free standing fridge freezer	£550.00
Toilet seat	£55.00

Item description	Price
Shower head	£20.00
Drawer handles	£5.00
Kitchen cupboard front panel	£85.00
Kitchen bin	£25.00
Fire blanket	£35.00
Extractor Fan (shared kitchen)	£750.00
Extractor fan (studio)	£750.00
Dining room chairs	£75.00
Kitchen work surface	sqm/£400.00
Dining room table	£200.00
Desk	£300.00
Bookcase x 2	£200.00



## Complaints handling and appeals

Complaints will be subject to the ANUK complaint procedure and subject to independent appeal and referral up to the ANUK committee on standards to ensure we have an open, fair and transparent process.

We would also notify any affiliated university in our monthly written reports and deal with any major complaints through our routine daily and weekly liaison.

#### **Collegiate Complaints Procedure**

Collegiate is responsive to the needs of our students and visitors and welcomes comments and complaints as a means of improving services.

We won't necessarily be able to change the things in the way that you would like or always meet your needs but we will always be able to give you an explanation of how a decision has been made Collegiate will always be professional and courteous in dealing with complaints and we will try to be as quick as we can in responding to you.

Collegiate is a large community and it is inevitable that from time to time complaints arise. This procedure explains:

- How to make a complaint
- How you can expect us to deal with it
- What you can do if you are unhappy with our response

#### Informal

If you have a complaint, in the first instance please discuss this with a member of the accommodation team in person or with the Collegiate central management team to try and resolve the matter swiftly.

If you do have a complaint you should let us know as soon as possible and within eight weeks of the event or lack of action, about which you are complaining.

Your complaint will normally be acknowledged within 48 hours (excluding weekends, public holidays and official university holidays) and responded to fully within five working days of the receipt of the complaint. If circumstances mean a full response is likely to take longer we will inform you and keep you informed of the process.

#### Formal

#### Phase 1

Let us know why you are unhappy and what you think we can do to fix this for you, by emailing the property management team for your building you live in **theneighbourhoodexeter@collegiate-ac.com.** To ensure we can identify this communication as an official complaint please Subject your email as 'Official Complaint'. Our Accommodation Manager will acknowledge the complaint within 48 working hours and deliver a full respond within x7 working days in writing.

Where a parent of a tenant is making a complaint then the tenant must confirm in writing that this constitutes their representative, without this we are unable to proceed further and it will delay the timescales of this process.

#### Phase 2

If you are unhappy with the outcome from our Accommodation Manager please email us at **tenants@collegiate-ac.com** 

Please tell us what part of our Manager's response you are unhappy with and what your desired outcome is. To ensure we can identify this communication as an official complaint please Subject your email as 'Official Complaint'.

Where a parent of a tenant is making a complaint then the tenant must confirm in writing that this constitutes their representative, without this we are unable to proceed further and it will delay the timescales of this process. We will acknowledge your complaint within 48 working hours and receive a response from a Senior Manager within x14 working days.

#### Phase 3

If you are unhappy with outcome of Phase 2 and you feel that we have broken the ANUK National Code of Standards you may contact this third party regulator to independently investigate your complaint. It is important to note that unless you have undertaken Phase 1 and Phase 2 of this process you will not be able to progress with Phase 3. Details for making a complaint with ANUK can be found at <u>www.ANUK.org.uk</u>

#### Confidentiality

All complaints will be dealt with confidentially though enquiries may have to be made to investigate the matters that are the subject of the complaint. The effectiveness of any complaints procedure depends on the university being able to collect appropriate information from the parties involved in order to investigate the matter properly. For this reason, anonymous complaints will not be dealt with.

#### Harassment

Collegiate seeks to create a residential environment which is free of harassment and which protects the dignity of students and staff irrespective of their gender, sexual orientation, racial or ethnic background, religion or disabled status. It regards sexual, racial or personal harassment very seriously and requires all students and staff to observe its policy in this area.

Students who believe they are experiencing harassment within their accommodation are advised to raise this with the site team in the first instance. You can also contact the Equality and Diversity Office, or the Students Union Advice Centre.

#### **External Referral**

Collegiate is registered to comply with the regulations set by the ANUK code of practice for larger student developments. If you believe that Collegiate has not dealt with your case properly, or that the outcome is unreasonable then you can, provided you have completed all of our internal procedures, complain to the ANUK Code directly.

## **Equality and diversity**

#### Collegiate – committed to equal opportunities

Managers of Collegiate's premises will ensure that all accommodation allocation procedures comply with applicable equal opportunities policies.

Where no equal opportunities policies exist, managers will ensure that no person or group of persons is discriminated against or unfairly treated because of their race, colour, ethnic or national origin, gender, disability, appearance, age, marital status, sexual orientation, social status or any other factor.

As part of its commitment to assisting persons with disabilities, Collegiate will ensure that charges for rooms adapted for use by students with disabilities do not exceed the standard room rate for the building in which they are located.

#### Want to know more?

If you would like to know more about Collegiate's commitment to equal opportunities, please contact us by emailing **tenants@collegiate-ac.com** or calling 02921 040 586.



# LIVE. STUDY. ENJOY.



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Out-of-hours emergency contact: +44 (0) 1392 231 099